



Sylvia Theisen: Psychotherapist + Top Sales Producer + Change Maker

Sylvia spent the first 13 years of her career in a psychotherapist's office. No, not on the couch (although she's done plenty of that) but running a successful practice counseling employees of Fortune 500 companies.

As she listened to corporate America share their stress, frustration and challenges, she developed strategies to help them achieve more with less. Less time. Less stress. Less burnout.

Wanting a bit of a shakeup in her own life, Sylvia plunged into the ultra-competitive business of real estate. What followed was a crash course in sales and whip-smart negotiation. Closing more than \$100 million in sales, receiving five star ratings every year for excellence in negotiating and customer satisfaction, she earned the ranks of the top women in the business.

Today, Sylvia combines her natural empathy and business savvy with a generous dose of humor. She keeps her audiences engaged and leaves them with a straight forward action plan they'll implement and get results.